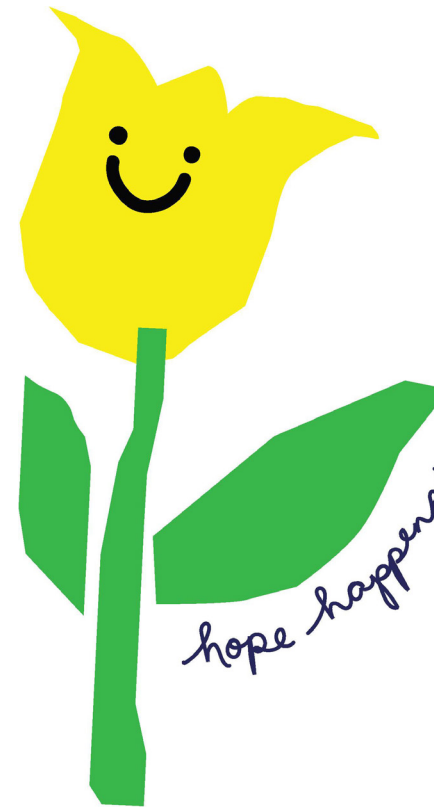


Yellow Tulip Gardens Hope Day Walk & Celebration

April is National Month of Hope, which is all about celebrating the power of hope — *the belief that things will work out, especially when it seems otherwise.*

This Hope Day event brings us together to celebrate hope, smash the stigma around mental health, and bring suicide prevention and mental health awareness to the community in anticipation of *Mental Health Awareness Month in May.*

The *Yellow Tulip Project* is a youth driven, non-profit that is fiercely dedicated to suicide prevention, mental health stigma reduction, community building, and helping people know that there is help and hope out there ... one tulip at a time.



Saturday
April 23, 2022
10:00 am - 12:00 pm

YTP
Smash the stigma!
theyellowtulipproject.org

ValleyCAST & Open Sky collaboration with:
The Yellow Tulip Project, Women's Success Network, the Whitin Community Center, and the Blackstone Valley Chamber of Commerce



Yellow tulips are a sign of hope. When communities come together, plant a garden, get their hands dirty, and talk about mental illness, hope blooms.

Live Music by

The Blackstone Valley Quartet

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On-Going Activities

**Community Weaving Loom**  
**Gail Delgado & Ashley Bathrick**

ValleyCAST/Open Sky Community Services

**Positivity Rock Painting**  
**Jennifer Castro & Company**

Whitin Community Center & Rockdale Youth Center

**Zentangle**

**Pamela Lisak**

Certified Zentangle Teacher

**Gel Press Printing**

**Samantha Condon & Emery Condon**

Mixed Media Artists

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Information Tables

ValleyCAST/Open Sky

BV Women's Support Network

BV Chamber of Commerce

Whitin Community Center

Girls on the Run Worcester County

10:00-10:30 Hope Day Garden Walk

Meets at Whitin Community Center

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**10:00-12:00 Hope Day Celebration**

Alternatives' Whitin Mill, Dennis H. Rice Community Plaza

**11:00 ~ Cristi Collari**  
**Welcome & Moment of Silence**

Director of ValleyCAST

**Kelley Gamble**

Vice President of Community Engagement, Open Sky

**11:05 ~ Paul Piwko**

Professor, Grenon School of Business, Assumption University  
Co-developer, National Museum of Mental Health Project, Inc.

**11:15 ~ Tracy Dullea-Juliano**  
**Move it for Mental Wellbeing**

Group Fitness Instructor, Whitin Community Center

**11:20 Jeannie Hebert**

President & CEO, Blackstone Valley Chamber of Commerce

**11:25 Alise Breton**

Chairwoman, Blackstone Valley Women's Success Network

**11:30 Heather Elster**

Executive Director, Whitin Community Center

**11:35 Monique Boucher**  
**Mindful Meditation**

Senior Program Director of Fitness & Wellness,  
Whitin Community Center

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Thank you for celebrating Hope with us!