

January 2023

Daily Services:

Daily from 9a-4p (Wed. 12-7p and Sat. 10a-1p)

- 1:1 Recovery coaching
- Substance use counseling by appointment
- Employment and Education support Computer Center
- Housing resource counseling
- Job Readiness room for interviews/quiet study
- Sensory room – supporting mindfulness and mental health
- Emergency supplies

Daily 9a-5p (Wed. 12-7p and Sat. 10a-1p)

- Nutrition support, education, and resource counseling
- Food pantry
- Housing Supply closet
- Open engagement opportunities with staff

New Groups:

WORKS: Workforce Opportunities Rewarding Knowledge and Success is a 4-week program designed to prepare for employment and skill development for employment.

Anger Management: Join this group based on looking at managing anger in a productive way, and understanding why we react and behave the way we do.

TechConnect Info Session: Learn more about OpenSky's TechConnect program for technology accessibility!

MON**TUES****WED****THURS****FRI****SAT**

1	2	3	4	5	6
CLOSED	10a: Daily Check-in 11a: Employment: Communication 2p: Pictionary	1p: Daily Check-in 2p: Recovery 5p: Peer Support Group 6p: Vision Boards	10a-12p: WORKS information session 1p-3p: WORKS drop-in session 3p: Recovery	10a: Daily Check-in 12p: Pizza Party 2p: Employment: Problem Solving 3p: Recovery	10a: Refuge Recovery 1p: Vision Boards
8	9	10	11	12	13
10a: Daily Check-in 10a-2p: Employment Drop-in Hours 1p: Anger Management 2p: Recovery 4p: Recovery Reading	10a: Daily Check-in 11a: Employment: Communication 2p: TechConnect Info Session 3p: Recovery	1p: Daily Check-in 2p: Recovery 3p: Peer Support Group 4p: Recovery Reading 6p: Vision Boards	10a-12p: WORKS information session 1p-3p: WORKS drop-in session 3p: Recovery 4p: Recovery Reading	10a: Daily Check-in 1p: Housing Workshop 2p: Employment: Problem Solving 3p: Recovery 4p: Recovery Reading	10a: Refuge Recovery 1p: Pictionary
15	16	17	18	19	20
CLOSED	10a: Daily Check-in 11a: Employment: Communication 12p: Anger Management 2p: Recovery	1p: Daily Check-in 2p: Recovery 3p: Peer Support Group 4p: Recovery Reading 6p: Vision Boards	10a-12p: WORKS information session 1p-3p: WORKS drop-in session 3p: Recovery 4p: Recovery Reading	10a: Daily Check-in 12p-2p: Pizza Party 2p: Employment- Problem Solving 3p: Recovery 4p: Recovery Reading	10a: Refuge Recovery 1p: Pictionary
22	23	24	25	26	27
10a: Daily Check-in 10a-2p: Employment Drop-in Hours 11a: Kitchen Basics 2p: Anger Management 3p: Recovery	10a: Daily Check-in 11a: Employment: Communication 2p: TechConnect Info Session 3p: Recovery	1p: Daily Check-in 2p: Recovery 3p: Peer Support Group 4p: Tech 101 6p: Gallery Art Workshop	10a-12p: WORKS information session 1p-3p: WORKS drop-in session 3p: Recovery 4p: Pictionary	10a: Daily Check-in 12p: Mindfulness 1p: Housing Workshop 2p: Employment: Problem Solving 3p: Recovery	10a: Refuge Recovery 1p: Gallery Art Workshop
29	30	31			

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