

September 2024

Daily Services:

Daily from 9a-4p (Wed. 11a-4p)

- 1:1 Recovery coaching
- Substance use counseling by appointment
- Employment and Education support Computer Center
- Housing resource counseling
- Job Readiness room for interviews/quiet study
- Sensory room – supporting mindfulness and mental health
- Emergency supplies

Daily 9a-430p (Wed. 11a-430p)

- Nutrition support, education, and resource counseling
- Food pantry
- Housing Supply closet
- Open engagement opportunities with staff

September is national recovery awareness month! To recognize, honor and celebrate recovery, Compass will be holding different recovery-based groups and activities.



MON

TUES

WED

THURS

FRI

2	3	4	5	6
CLOSED	10a: Recovery Month Coloring 2p: Pictionary	1p: Book Club 3p: Peer Support Group	10a: Brush Hour 2p: LGBTQIA+ Drop in	CLOSED
9	10	11	12	13
10a: Pictionary 2p: Recovery	10a: Poetry Writing 2p: Recovery: Celebrating Successes	1p: Brush Hour 3p: Peer Support Group	10a: Motivation ROCKS 2p: Fun with Food!	10a: Recovery Reading 2p: Free Art
16	17	18	19	20
10a: Book Club 2p: Recovery	10a: Motivation ROCKS 2p: Recovery: Self-care and forgiveness	1p: HOST member meeting 3p: Peer Support Group	10a: LGBTQIA+ Drop in 2p: Brush Hour	10a-12p: WORKS 2p: Recovery: Practicing Gratitude
23	24	25	26	27
10a: Pictionary 2p: Recovery	10a: Book Club 2p: Recovery: Overdose prevention tips	1p: Brush Hour 3p: Peer Support Group	10a: Motivation ROCKS 2p: Recovery Month coloring	10a: Recovery bracelet making 12p: Breaking Bread with the directors
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10a: Book Club 2p: Recovery				

