

# March 2024

## Daily Services:

<p><b>Daily from 9a-4p</b> (Wed. 12-7p and Sat. 10a-1p)</p> <ul style="list-style-type: none"><li>• 1:1 Recovery coaching</li><li>• Substance use counseling by appointment</li><li>• Employment and Education support Computer Center</li><li>• Housing resource counseling</li></ul>	<p><b>Daily 9a-5p</b> (Wed. 12-7p and Sat. 10a-1p)</p> <ul style="list-style-type: none"><li>• Nutrition support, education, and resource counseling</li><li>• Food pantry</li><li>• Housing Supply closet</li><li>• Open engagement opportunities with staff</li></ul>
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## New Groups:

**WORKS:** Workforce Opportunities Rewarding Knowledge and Success is a 4-week program designed to prepare for employment and skill development for employment.

**Mental Health Drop-in Support Session:** Come and talk about mental health in a community of support! Brainstorm mental health-based groups the Compass can bring to the table!

**LGBTQIA+ Drop-in Session:** Join staff to brainstorm how Compass can better support members of the LGBTQIA+ community!

**MON**

**TUES**

**WED**

**THURS**

**FRI**

**SAT**

				<b>1</b>	<b>2</b>
				<b>10a:</b> Daily Check-in <b>2p:</b> Employment: Communication <b>3p:</b> Recovery <b>4p:</b> Pictionary	<b>10a:</b> Refuge Recovery  <b>1p:</b> Zen coloring
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10a:</b> Daily Check-in <b>10a-2p:</b> Employment Drop-in Hours <b>2p:</b> Recovery <b>3p:</b> LGBTQIA+ Drop-in support group	<b>11a:</b> Employment: Teamwork <b>1p-230p:</b> TechConnect Drop-in <b>3p:</b> Open Art Workshop <b>4p:</b> Recovery Reading	<b>1p:</b> Daily Check-in <b>2p:</b> Board Games <b>3p:</b> Peer Support Group <b>4p:</b> Coping Skills <b>6p:</b> Free art workshop	<b>10a-12p:</b> WORKS information session <b>1p-3p:</b> WORKS drop-in session <b>3p:</b> Pictionary <b>4p:</b> Recovery Reading	<b>10a:</b> Daily Check-in <b>11a:</b> Anger Management <b>12p:</b> Pizza Party <b>2p:</b> Employment: Communication <b>3p:</b> Recovery	<b>10a:</b> Refuge Recovery  <b>1p:</b> Food art activity
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>10a:</b> Daily Check-in <b>10a-2p:</b> Employment Drop-in Hours <b>11a:</b> Mental Health drop-in support group <b>2p:</b> Recovery	<b>11a:</b> Employment: Teamwork <b>12p-3p:</b> TechConnect Drop In <b>2p:</b> Anger Management <b>3p:</b> LGBTQIA+ Drop-in support group <b>4p:</b> Recovery Reading	<b>CLOSED</b>	<b>10a-12p:</b> WORKS information session  <b>*Closing at 12p*</b>	<b>10a:</b> Daily Check-in <b>11a:</b> Kitchen Basics <b>2p:</b> Employment: Communication <b>3p:</b> Recovery <b>4p:</b> Free art workshop	<b>10a:</b> Refuge Recovery  <b>1p:</b> Plug in sensory activity
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>10a:</b> Daily Check-in <b>10a-2p:</b> Employment Drop-in Hours <b>2p:</b> Recovery <b>3p:</b> Pictionary	<b>11a:</b> Employment: Teamwork <b>2p:</b> LGBTQIA+ Drop-in support group <b>3p:</b> Open Art Workshop <b>4p:</b> Recovery Reading	<b>1p:</b> Daily Check-in <b>2p:</b> Coping Skills <b>3p:</b> Peer Support Group <b>4p:</b> Mental Health drop-in support group <b>6p:</b> Zen coloring	<b>10a-12p:</b> WORKS information session <b>1p-3p:</b> WORKS drop-in session <b>3p:</b> Anger Management <b>4p:</b> Recovery Reading	<b>10a:</b> Daily Check-in <b>11a:</b> Anger Management <b>12p:</b> Pizza Party <b>2p:</b> Employment: Communication <b>3p:</b> Recovery	<b>10a:</b> Refuge Recovery  <b>1p:</b> Free art workshop
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>10a:</b> Daily Check-in <b>10a-2p:</b> Employment Drop-in Hours <b>1p:</b> Mental Health drop-in support group <b>2p:</b> Recovery	<b>11a:</b> Employment: Teamwork <b>12p-3p:</b> TechConnect Drop In <b>3p:</b> LGBTQIA+ Drop-in support group <b>4p:</b> Recovery Reading	<b>1p:</b> Daily Check-in <b>3p:</b> Peer Support Group <b>4p:</b> Board Games <b>6p:</b> Plug in sensory activity	<b>10a-12p:</b> WORKS information session <b>11a:</b> Kitchen Basics <b>1p-3p:</b> WORKS drop-in session <b>4p:</b> Recovery Reading	<b>10a:</b> Daily Check-in <b>11a:</b> Kitchen Basics <b>1p:</b> Housing Workshop <b>2p:</b> Employment: Communication <b>3p:</b> Recovery	<b>10a:</b> Refuge Recovery  <b>1p:</b> Writing and poetry