

July 2024

Daily Services:

Daily from 9a-4p <i>(Wed. 11a-4p)</i> <ul style="list-style-type: none">• 1:1 Recovery coaching• Substance use counseling by appointment• Employment and Education support Computer Center• Housing resource counseling	<ul style="list-style-type: none">• Job Readiness room for interviews/quiet study• Sensory room – supporting mindfulness and mental health• Emergency supplies	Daily 9a-430p <i>(Wed. 11a-430p)</i> <ul style="list-style-type: none">• Nutrition support, education, and resource counseling• Food pantry• Housing Supply closet• Open engagement opportunities with staff
---	--	--

What's new at Compass?

Brush Hour: Explore your creativity by joining us in listening to relaxing music while painting with watercolors!

Clay Play: Try your hand at using modeling clay to create objects based on a prompt!

Fun with Food: Join this exciting group where you'll make fun treats! This month- "dirt" cups!

Motivation ROCKS: Come and paint motivational or inspirational messages on rocks to put outside of the Compass to empower others!

Book Club: Love to read? Not sure about reading but want to try it? Come on down to book club- a quiet space for an hour for people to read and discuss their favorite books, authors, genres and more!

Grow Getters: Enjoy decorating small pots and planting succulent plants in them! Feel free to take with you or leave it at Compass for display!

MON**TUES****WED****THURS****FRI****SAT**

1	2	3	4	5	6
10a: Pictionary 2p: Recovery	10a: Brush Hour 2p: LGBTQIA+ Drop in	1p: Book Club 3p: Peer Support Group	CLOSED	10a: Pictionary 2p: Mental Health Drop in	10a: Refuge Recovery
8	9	10	11	12	13
10a: Pictionary 2p: Recovery	10a: Poetry Writing 2p: Grow Getters	CLOSED	10a: Motivation ROCKS 2p: Brush Hour	10a: Pictionary 2p: Free Art	10a: Refuge Recovery
15	16	17	18	19	20
10a: Pictionary 2p: Recovery	10a: Motivation ROCKS 2p: Mental Health Drop in	CLOSED	10a: Brush Hour 2p: LGBTQIA+ Drop in	10a-12p: WORKS 12p: Pizza! Pizza!	10a: Refuge Recovery
22	23	24	25	26	27
10a: Pictionary 2p: Recovery	10a: Book Club 2p: Fun with Food!	1p: Brush Hour 3p: Peer Support Group	10a: Motivation ROCKS 2p: Mental Health Drop in	10a-12p: WORKS 2p: Clay Play	10a: Refuge Recovery
29	30	31			
10a: Pictionary 2p: Recovery	10a: Brush Hour 2p: LGBTQIA+ Drop in	1p: Book Club 3p: Poetry Writing			

